



The Family Room

Family Learning

Will continue after half term

Mondays 9am - 3pm

Fun, Friendly, Free

Help your child learn through fun activities

The course is for parents, grandparents
and carers who have children in Nursery,
Reception and Year 1

Free Education Visit 12th March

Techniquet

Don't worry if you have pre-school
children. they're welcome too.

Clothes Swap Shop

21st February 9am - 11am

Come along for a cuppa

Swap any clothes your children have outgrown

Understanding Childhood

6th March 9.30am - 12noon

Continuing for parents who have completed the
Working with Primary School Children Course

Bake for Bobath

Making a difference for
children in Wales with
Cerebral Palsy

Call in, enjoy a welshcake and
a cup of tea

4th March

9am - 11am

Healthy Lifestyle

5th March 1pm - 3pm

Get fit, Learn about
Nutrition, Healthy Meals,
Wellbeing

5 week Course with
Personal Trainer
Martyn Broughton

Baby Massage

For babies aged 10wks -
7mths

11th March 1pm - 3pm

Language and Play

13th March 1.30pm - 3pm

For Children aged 0-3

Talk with me, Play with me,
Sing with me...

Then I'll know what it's all

Charity Coffee Morning

21st March 9am-12noon

Call in for a cuppa and a
cake to help raise money
for Cancer Research

